

Transgender Athlete Policy for United States Strongman

Introduction: United States Strongman (USS) is committed to promoting inclusivity and ensuring that all athletes have the opportunity to compete in a fair and respectful environment. This policy addresses the participation of transgender athletes in USS events.

1. Gender Classification: USS recognizes that individuals may identify with a gender different from their sex assigned at birth. To provide clear guidelines for competition, USS uses the following gender classification:

- Athletes who identify as male and were assigned male at birth will compete in the Men's Division.
- Athletes who identify as female and were assigned female at birth will compete in the Women's Division.

2. Open Gender Class: In acknowledgment of the diverse experiences of transgender athletes, USS offers an Open Gender Class. This class is open to individuals who identify as a gender different from their sex assigned at birth, i.e., transgender individuals. Participation in this class is entirely voluntary.

3. Promoter Discretion: USS recognizes that event promoters play a vital role in organizing competitions. Therefore, the decision to include any Class (regardless of gender) in an event is at the discretion of the event promoter. Promoters are not required to add all classes to their events. This flexibility allows promoters to consider local preferences and participant demographics, when making decisions.

4. Class Viability: The inclusion of any Class is contingent on participant interest and event logistics. If there is insufficient interest or logistical challenges in supporting any gender/weight class, the promoter may choose to exclude it from the event. USS respects the promoter's decision in this regard.

5. Non-Discrimination: USS is committed to a policy of non-discrimination and will not tolerate discrimination against any athlete based on their gender identity or expression. All athletes, regardless of their gender identity, should be treated with respect and dignity.

Conclusion: United States Strongman values diversity and strives to create an inclusive environment for all athletes. This policy aims to strike a balance between providing fair competition opportunities and respecting the autonomy of event promoters. We are committed to ongoing dialogue and education on matters related to gender inclusion in strength sports.

If you have any questions or require further clarification on this policy, please contact USS directly.

Note: This policy is subject to periodic review and may be updated as needed to reflect evolving best practices and legal requirements.